



R.I.S.E. ADULT DAY PROGRAM

Rekindling Individual Self Expression

Serving individuals who are moderately frail or those with mild cognitive impairment.

2972 ISLINGTON AVE. UNIT 1, NORTH YORK | TUESDAY, THURSDAY, FRIDAY | \$23.00 PER DAY

- Holistic, therapeutic, and recreational programming
- Social interaction and engagement
- Nutritious meals
- Caregiver respite
- Medication assistance
- Support, case management, and education for Clients and families
- Daily seated exercise programs
- Horticulture, music, and pet therapy
- Health and wellness focus
- Variety of cognitively stimulating programs

R.I.S.E.

ADULT DAY PROGRAM
FOR SOCIAL CONVENING & SUPPORT



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[LUMACARE.CA/PROGRAMS-AND-SERVICES/RISE-ADULT-DAY-PROGRAM](https://lumacare.ca/programs-and-services/ribe-adult-day-program)