

Senior's Exercise Classes

lumacare.ca/healthier-living-centre

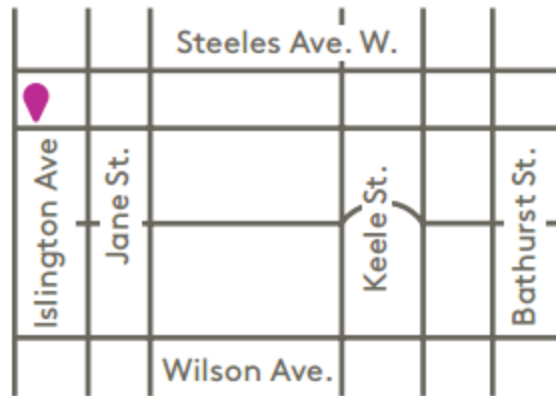
LUMA  CARE

In partnership with Circle of Care



Join us for a free, fun, and fit exercise class every Monday and Friday at 2650 Finch Avenue West.

2650 Finch Avenue West



RECREATION ROOM

MONDAYS

11:30 AM - 12:30 PM

FRIDAYS

9:30 AM - 10:30 AM

416.398.5511

lumacare.ca



For more information or to register, please contact:

Andres Guerrero at 416.398.0258 x310