JULY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Salad Oriental Beef Mixed Veggies Rice	4	5 Salad Battered Cod Mixed Veggies Fries	6 Salad Beef Stroganoff Mixed Veggies Rice	7
8	9	10 Salad Vegetarian Chili Mixed Veggies Rice	11	12 Salad Sweet & Sour Chicken, Roll Mixed Veggies	13 Salad Meat Lasagna Mixed Veggies Roll	14
15	16	17 Salad Pasta Shapes with Meat Sauce Veggies, Roll	18	19 Salad Meatballs in Gravy Mixed Veggies Mash Potatoes	20 Salad Turkey Chili Mixed Veggies Roll	21
22	23	24 Salad Sheppard's Pie Mixed Veggies Rice	25	26 Salad Chicken Tortellini Mixed Veggies Roll	27 Salad Beef Casserole Mixed Veggies Mash Potatoes	28
29	30	31 Salad Chicken BBQ Mixed Veggies Rice				