



## R.I.S.E. ADULT DAY PROGRAM

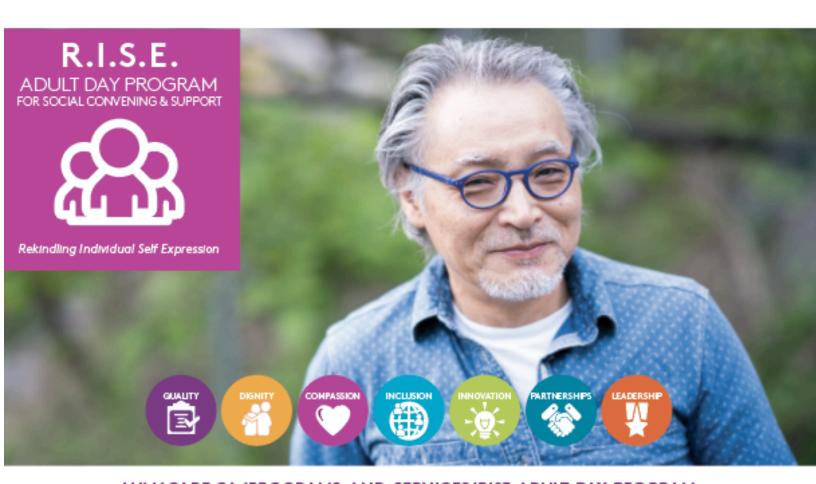
Rekindling Individual Self Expression

Serving individuals who are moderately frail or those with mild cognitive impairment.

2972 ISLINGTON AVE. UNIT 1, NORTH YORK | TUESDAY, THURSDAY, FRIDAY | \$23.75 PER DAY

- Holistic, therapeutic, and recreational programming
- Social interaction and engagement
- Nutritious meals
- Caregiver respite
- Medication assistance

- Support, case management, and education for Clients and families
- Daily seated exercise programs
- Horticulture, music, and pet therapy
- Health and wellness focus
- Variety of cognitively stimulating programs



LUMACARE.CA/PROGRAMS-AND-SERVICES/RISE-ADULT-DAY-PROGRAM