



## R.I.S.E. ADULT DAY PROGRAM

Rekindling Individual Self Expression

*Serving individuals who are moderately frail or those with mild cognitive impairment.*

2972 ISLINGTON AVE. UNIT 1, NORTH YORK | TUESDAY, THURSDAY, FRIDAY | \$23.75 PER DAY

- Holistic, therapeutic, and recreational programming
- Social interaction and engagement
- Nutritious meals
- Caregiver respite
- Medication assistance
- Support, case management, and education for Clients and families
- Daily seated exercise programs
- Horticulture, music, and pet therapy
- Health and wellness focus
- Variety of cognitively stimulating programs

**R.I.S.E.**  
ADULT DAY PROGRAM  
FOR SOCIAL CONVENING & SUPPORT



*Rekindling Individual Self Expression*



[LUMACARE.CA/PROGRAMS-AND-SERVICES/RISE-ADULT-DAY-PROGRAM](https://www.lumacare.ca/programs-and-services/rise-adult-day-program)