

# JANUARY 2019

| SUNDAY | MONDAY | TUESDAY  | WEDNESDAY | THURSDAY   | FRIDAY  | SATURDAY |
|--------|--------|--|-----------|--|---|----------|
|        |        | 1<br>New Year's Day<br>Program Closed                                | 2         | 3<br>Chicken Soup<br>Vegetable Lasagna<br>Mixed Veggies<br>Roll              | 4<br>Salad<br>Beef Stroganoff<br>Mixed Veggies<br>Rice          | 5        |
| 6      | 7      | 8<br>Chicken Soup<br>Cheese Omelet<br>Mixed Veggies<br>Potato Wedges | 9         | 10<br>Vegetable Soup<br>Meatballs w/ Gravy<br>Mixed Veggies<br>Mash Potatoes | 11<br>Salad<br>Chicken Fingers<br>French Fries<br>Mixed Veggies | 12       |
| 13     | 14     | 15<br>Salad<br>Chicken Tortellini<br>Mixed Veggies<br>Roll           | 16        | 17<br>Vegetable Soup<br>Chicken BBQ<br>Mixed Veggies<br>Rice                 | 18<br>Salad<br>Country Chicken<br>Mixed Veggies<br>Rice         | 19       |
| 20     | 21     | 22<br>Salad<br>Oriental Beef<br>Mixed Veggies<br>Rice                | 23        | 24<br>Beef Soup<br>Beef Teriyaki<br>Mixed Veggies<br>Rice                    | 25<br>Salad<br>Battered Cod<br>Mixed Veggies<br>Mash Potatoes   | 26       |
| 27     | 28     | 29<br>Salad<br>Oriental Beef<br>Mixed Veggies<br>Rice                | 30        | 31<br>Vegetable Soup<br>Sweet & Sour Chicken<br>Mixed Veggies<br>Rice        |   |          |