

FROZEN MEAL SERVICE (SPECIAL DIETS)

Route
(Agency use only)

Agency: _____
 For Delivery Week: _____
 Name: _____

SPECIAL DIETS

Suitable for Gluten-Free, Lactose-Free, Low Sodium and Controlled Potassium & Phosphorus.

- 10012 ___ Apple Braised Pork **GF LF LS**
- 10017 ___ Beef & Vegetable Casserole **GF LF LS**
- 10018 ___ Herbed Fish **GF LF LS**
- 10020 ___ Hawaiian Chicken **GF LF LS**
- 10021 ___ Turkey with Gravy **GF LF LS**
- 10033 ___ Chicken with Gravy **GF LF LS**
- 10054 ___ Beef Pot Roast **GF LS**

MINCED

- 17001 ___ Beef Dinner **LF**
- 17002 ___ Apple Braised Pork **LF**
- 17003 ___ Ham **LF**
- 17004 ___ Chicken à la King **LF**
- 17005 ___ Turkey Dinner **LF**
- 17006 ___ Pesto Chicken **LF LS**
- 17009 ___ Pasta Primavera **LF VV**
- 17010 ___ Beef Stew **LF LS**
- 17012 ___ Honey Dijon Pork **LF LS**
- 17013 ___ Vegetarian Stew **LF LS V**
- 17014 ___ Sweet & Sour Chicken **LF LS**

PUREED

- 16001 ___ Chicken à la King **LF**
- 16002 ___ Vegetable Lasagna **LF**
- 16003 ___ Apple Braised Pork **LF**
- 16004 ___ Macaroni & Cheese **LF**
- 16005 ___ Shepherd's Pie **LF**
- 16006 ___ Turkey Dinner **LF**
- 16007 ___ Beef & Vegetable Casserole **LF**
- 16009 ___ Beef Pot Roast **LF**
- 16011 ___ Sweet & Sour Chicken **LF**
- 16016 ___ Meatloaf **LF**
- 16017 ___ Lemon Herb Fish **LF**
- 16018 ___ Chicken Cacciatore **LF**
- 16020 ___ Spaghetti Bolognese **LF**
- 16021 ___ Turkey Casserole **LF**
- 16023 ___ Creamed Salmon **LF**

PUREED DESSERT

- 09011 ___ Low Sugar Chocolate Mousse **V**
- 09021 ___ Low Sugar Strawberry Mousse **LF LS**
- 09041 ___ Low Sugar Tangerine Mousse **LF LS**

THICKENED SOUP

- 13053 ___ Broccoli **LF**
- 13054 ___ Carrot **LF**
- 13055 ___ Cauliflower **LF**
- 13056 ___ Chicken Noodle **LF**
- 13057 ___ Mushroom **LF**
- 13058 ___ Tomato Beef **LF**

GLUTEN-FREE

- 10063 ___ Vegetarian Dhal **GF LF VV**
- 12141 ___ Chicken Breast with Cheddar & Bacon Sauce **GF**
- 12164 ___ Traditional Pot Roast **GF LF**
- 12167 ___ Lemon Herb Fish **GF LF LS**

- GF** *Gluten-Free*
- LF** *Low Fat*
- LS** *Low Sodium*
- V** *Vegetarian*
- VV** *Vegan*

