



**Lumacare's Assisted Living Services provide 24/7 in-home support to help older adults remain safe and independent in your home for as long as possible.**

**Our Assisted Living Services include:**

**1) Homemaking**

*Light housekeeping such as:*

- Dusting
- Cleaning of the kitchen, floor, bathroom and other living areas
- Washing dishes, and laundry
- Bed making
- Light meal preparation

**2) Personal Care**

*Administering personal care to assist with:*

- Ambulation
- Bathing and personal hygiene
- Toileting

**3) Medication Assistance**

*Support with self-medication such as:*

- Reminding you to take your medication on time
- Assisting with blister packs
- Please note: PSWs do not administer medication through measuring, pouring, or helping to get medication into your body



**[Lumacare.ca/assisted-living-services](https://lumacare.ca/assisted-living-services)**

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