



Lumacare's Home Support and Care Navigation Services
help older adults live independently with dignity.

Our Home Support and free Care Navigation Services include:

Care Navigation

- Assessment of needs
- Navigation of social support system to ensure older adults receive the services they need and are entitled to
- Referral to external resources and community connections

Home Support

- Assistance with personal care tasks
- Help with light housekeeping
- Provision of respite care (e.g., walks, social outings, etc.)

Hours of Operation: 24 hours a day, 7 days a week.

Location: In-home, hospital, or retirement homes.



[Lumacare.ca/home-support](https://lumacare.ca/home-support)

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