



B.O.O.S.T. Adult Day Program

Building on Our Strengths Together

Serving individuals living with stroke and other neurological disorders.

155 Deerhide Cres, North York | Monday–Friday | 8:00 a.m.–3:00 p.m.

- Holistic, therapeutic, recreational, passive, and active programming
- Social interaction and engagement
- Nutritious meals
- Caregiver respite
- On-site therapeutic sensory room
- Medication assistance
- Support, case management, and education for those recovering from a stroke
- Health promotion and disease prevention through daily seated exercise
- Access to Foot Care Clinic and Rehabilitation Program

boost
adult day program



building on our strengths together



Lumacare.ca/boost-adult-day-program

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