

G.L.O.W. Adult Day Program

Giving Loved Ones Wellness

Serving individuals living with Alzheimer's disease or related dementia.

155 Deerhide Cres, North York

- Holistic, therapeutic, and recreational programming provided to meet emotional, cognitive, and physical needs of each individual
- Safe, secure, and home-like environment
- Social interaction and engagement
- Nutritious meals and snacks provided
- · On-site therapeutic sensory room

Monday-Friday | 8:00 a.m.-7:00 p.m.

- Caregiver respite
- Medication assistance
- Support, case management, and resources for caregivers
- Access to Footcare Clinic & Rehabilitation Program
- Health promotion and disease prevention through daily seated exercise



Lumacare.ca/glow-adult-day-program