



R.I.S.E. Adult Day Program

Rekindling Individual Self Expression

Serving individuals who are moderately frail or those with mild cognitive impairment.

495 Wilson Avenue, North York | Monday-Thursday | 9:00 a.m.-3:00 p.m.

- Holistic, therapeutic, and recreational programming
- Social interaction and engagement
- Nutritious meals and snacks provided
- Medication assistance
- Support, case management, and education for older adults and families
- Health promotion and disease prevention through daily seated exercise
- Variety of cognitively stimulating programs
- On-site therapeutic sensory room

rise
adult day program



rekindling individual self expression



quality



dignity



compassion



inclusion



innovation



partnerships



leadership

[Lumacare.ca/rise-adult-day-program](https://lumacare.ca/rise-adult-day-program)

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