



VALLEYVIEW Adult Day Program

Seeing Beyond Barriers

Serving individuals living with dementia, and older adults who are frail.

541 Finch Avenue West, North York | 8:30 a.m.-3:30 p.m.

Monday, Wednesday, Friday (dementia), Tuesday, Thursday (frailty)

- Creative art programs providing opportunities for self-expression
- Comprehensive, multi-lingual and Montessori -approach
- Caregiver respite
- Health promotion and disease prevention through daily seated exercise
- Nutritious meals and snacks provided
- Medication assistance
- Organized special events supporting cultural backgrounds
- Seamless provision of 24/7 care through integration with the Sunset Overnight and Respite Program
- On-site sensory room



[Lumacare.ca/valleyview-adult-day-program](https://lumacare.ca/valleyview-adult-day-program)

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