

Adult Day Programs (ADPs)

With 50 years of service, Lumacare has developed 5 innovative adult day programs that are specifically designed to meet the needs of older adults and their families.

Program Highlights:

- Therapeutic programs tailored for individual needs and abilities
- Emphasis on social interaction and daily exercise
- Nutritious meals and snacks
- Personal care support
- Sensory stimulation and relaxation
- Caregiver respite and support

lumacare.ca/adp

lumacare.ca/care-services/sunset-respite-care



Lumacare

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@Lumacare1974 #PeopleHelpingPeople



Charitable Registration #: 10703 3134 RR0001

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care



EMPOWER EVOLVE CHAMPION FOSTER



Funding Support Provided by:



lumacare.ca
647.508.LUMA (5862)



To care for those who once cared for us is one of the highest honours. - Tia Walker



155 Deerhide Crescent
8:30 a.m.- 4:30 p.m.
Monday to Friday

Serving individuals living with Alzheimer's disease and related dementia. Holistic therapeutic programming and personal care are provided.



155 Deerhide Crescent
8:30 a.m.- 3:30 p.m.
Monday to Friday

Serving Individuals living with a stroke and/or other neurological disorders. Holistic therapeutic programming and personal care are provided.



155 Deerhide Crescent
8:30 a.m.- 3:30 p.m.
Monday to Friday

Serving individuals living with a diagnosis of depression, generalized anxiety or bipolar disorder, or who are frail. Holistic support in a group environment and personal care are provided.



497 Wilson Avenue
8:30 a.m. - 3:30 p.m.
Monday to Friday

Offers assistance to moderately frail individuals or those with mild cognitive impairment. Recreational programming and personal care are provided.



541 Finch Avenue West
8:30 a.m. - 3:30 p.m.
Monday to Friday

Serving individuals with dementia five days a week (Mon to Fri) and those who are frail two days a week (Tues, Thurs). Montessori programming and personal care are provided.



541 Finch Avenue West
Overnight and Day stay
Available

Providing short-term overnight and day support for individuals who require 24-hour, personal care by certified Personal Support Workers.



"I like attending Valleyview Adult Day Program because of the activities, especially the 'brain games'. Chair exercise is very helpful for my arthritis and the crafts are so much fun to make."
- Shirley S., Adult Day Program client



Call us today!
647.508.LUMA (5862)

