Home at Last

Are you a patient leaving the hospital?

Do you need help getting settled at home?



Funded by the Ministry of Health, Lumacare's Home at Last program helps you transition back into the comfort of your home after a brief or extended stay at a local hospital.

Rest assured that you'll remain safe and comfortable at home as we help you coordinate the support services you may need during a time of transition.

Participating Hospitals

Humber River Hospital

North York General Hospital





Lumacare

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Charitable Registration #: 10703 3134 RR0001





EMPOWER

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Funding Support Provided By:















lumacare.ca 647.404.1411

How to Prepare!

You are responsible for the following:

- Being organized, dressed, and ready to go home by time of discharge.
- Making sure that you have all of your belongings packed and ready to leave the hospital.
- Making sure you have your house keys.
- Setting up any future follow-up medical appointments
- Having enough money for items that you need picked up

lumacare.ca/care-services/home-at-last



What Does Home at Last Do?

- Helps you leave the hospital with reliable and comfortable transportation.
- Provides a trained and caring personal support worker (PSW), who will go home with you and stay until you are settled.
- Your PSW will prepare a small meal or snack for you on the day of discharge when you return home.
- We will pick up your groceries and any of your prescriptions and medical equipment, if required.

We will make sure you feel safe, secure, and cared for, in the comfort of your home!

The day following your discharge, one of our Personal Support Workers will follow up with you to see how you are managing and help



Do I Qualify?

Lumacare's Home at Last program is a *free* service offered to patients being released from participating hospitals.

If you qualify for this service, the hospital discharge planner or the Home and Community Care Case Manager will review your eligibility prior to discharge.

> Hospital staff will then arrange for a Home at Last PSW to:

- Drive you home
- Make sure you have food to eat (through Meals on Wheels or a basic grocery
- Help coordinate the necessary services to help you remain independent at home

How Much Does It Cost?

The Ministry of Health covers all costs for this service. There are no charges to patients for participating in the program. You only pay for any groceries and prescriptions that are picked up.



Call us today! 647.404.1411

