



B.O.O.S.T. Adult Day Program

Building on Our Strengths Together

Serving individuals living with stroke and other neurological disorders.

155 Deerhide Cres, North York | Monday–Friday | 8:30 a.m.–3:30 p.m.

- Holistic, therapeutic, recreational, passive and active programming
- Social interaction and engagement
- Nutritious meals
- Caregiver respite
- On-site therapeutic sensory room
- Medical Assistance
- Support, case management, and education for those recovering from a stroke
- Health promotion and disease prevention through daily seated exercise
- Access to Foot Care Clinic and Rehabilitation Program

boost
adult day program



building on our strengths together



lumacare.ca/adp

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